

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	<p>Invasion Games basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Gymnastics basic movements including running, jumping, as well as developing balance, agility and co-ordination, using simple movement patterns</p>	<p>Invasion Games (Premier Sport) basic movements including running as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Gymnastics basic movements including running, jumping, as well as developing balance, agility and co-ordination, using simple movement patterns</p>	<p>Multi Skills basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Country Dancing (linked to Our Country Topic) basic movements including running, jumping, as well as developing balance, agility and co-ordination, perform dances using simple movement patterns</p>	<p>Multi Skills (Premier Sport) basic movements including running as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Country Dance (linked to Our Country Topic) basic movements including running, jumping, as well as developing balance, agility and co-ordination, perform dances using simple movement patterns</p>	<p>Athletics basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Striking and Fielding basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p>	<p>Athletics (Premier Sport) basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Striking and Fielding basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p>
Year 2	<p>Invasion Games (Premier Sport) basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team</p>	<p>Invasion Games basic movements including running as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p>	<p>Multi Skills (Premier Sport) basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team</p>	<p>Multi Skills basic movements including running as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p>	<p>Athletics (Premier Sport) basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team</p>	<p>Athletics basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple</p>

	<p>games, developing simple tactics for attacking and defending</p> <p>Gymnastics basic movements including running, jumping, as well as developing balance, agility and co-ordination, using simple movement patterns</p>	<p>Gymnastics basic movements including running, jumping, as well as developing balance, agility and co-ordination, using simple movement patterns</p>	<p>games, developing simple tactics for attacking and defending</p> <p>Traditional Chinese Dance (linked to Our Let's Go China Topic) basic movements including running, jumping, as well as developing balance, agility and co-ordination, perform dances using simple movement patterns</p>	<p>Traditional Chinese Dance (linked to Our Let's Go China Topic) basic movements including running, jumping, as well as developing balance, agility and co-ordination, perform dances using simple movement patterns</p>	<p>games, developing simple tactics for attacking and defending</p> <p>Net and Wall basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p>	<p>tactics for attacking and defending</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p> <p>Net and Wall basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, team games, developing simple tactics for attacking and defending</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p>
<p>Year 3</p>	<p>Invasion Games running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Natural Disasters Themed Dance (linked to Extreme Earth Topic) Use, jumping in isolation and in combination, develop flexibility,</p>	<p>Invasion Games (Premier Sport) Running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Natural Disasters Themed Dance (linked to Extreme Earth Topic) Use, jumping in isolation and in combination, develop flexibility,</p>	<p>Multi Skills running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their</p>	<p>Multi Skills (Premier Sport) Running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their</p>	<p>Athletics running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Striking and Fielding running, throwing and catching, play competitive games, develop flexibility, strength, technique,</p>	<p>Athletics (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Striking and Fielding running, throwing and catching, play competitive games, develop flexibility,</p>

	<p>strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>performances with previous ones</p>	<p>performances with previous ones</p>	<p>compare their performances with previous ones</p>	<p>strength, technique, compare their performances with previous ones Sports Theme Week: Steve Redgrave Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p>
<p>Year 4</p>	<p>Invasion Games (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Swimming Swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively, perform safe self-rescue</p>	<p>Invasion Games Running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Swimming Swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively, perform safe self-rescue</p>	<p>Multi Skills (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>Multi Skills Running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>Athletics (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Greek Dance (linked to our Ancient Greece Topic) Use, jumping in isolation and in combination, develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>Athletics running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Greek Dance (linked to our Ancient Greece Topic) Use, jumping in isolation and in combination, develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p>

<p>Year 5</p>	<p>Invasion Games (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Egyptian Dance (linked to our Ancient Civilisations Topic) Use, jumping in isolation and in combination, develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>Invasion Games running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Egyptian Dance (linked to our Ancient Civilisations Topic) Use, jumping in isolation and in combination, develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>Multi Skills (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>Multi Skills running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>Athletics (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Cricket running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>Athletics running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Tennis running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p>
<p>Year 6</p>	<p>Invasion Games (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination,</p>	<p>Invasion Games running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Gymnastics Use, jumping in isolation and in combination, develop flexibility,</p>	<p>Multi Skills (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Dance (The Jive – linked to Our WW2 topic) Use, jumping in isolation</p>	<p>Multi Skills running, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Dance (The Jive – linked to Our WW2 topic) Use, jumping in isolation and in combination,</p>	<p>Athletics (Premier Sport) running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Striking and Fielding running, throwing and catching, play competitive</p>	<p>Athletics running, throwing and catching, play competitive games, develop flexibility, strength, technique, compare their performances with previous ones</p> <p>Striking and Fielding running, throwing and catching, play competitive games, develop flexibility,</p>

	<p>develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>strength, technique, compare their performances with previous ones</p>	<p>and in combination, develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>develop flexibility, strength, technique, perform dances using a range of movement patterns. compare their performances with previous ones</p>	<p>games, develop flexibility, strength, technique, compare their performances with previous ones</p>	<p>strength, technique, compare their performances with previous ones</p> <p>Outdoor Activities: Mobile Caving and Climbing (2 Year cycle). Orienteering</p> <p>River Dart Country Park: Canoeing, kayaking, high ropes, rock climbing, raft building, crate stacking.</p>
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